

Unit

1

Let's Eat!

What foods do you like?



Time to Talk

Look at the picture.

- 1 What are the people doing?
- 2 What foods can you see?

Watch the video.

- 1 What is the boy doing with his dad?
- 2 What foods can you see in their cart?



WATCH!

A Listen and repeat.  06



1 corn



4 lettuce



7 mushrooms

B Listen and point.  07



2 tomatoes



5 green peppers



8 olives



3 cheese



6 onions



9 broccoli

C What foods do you like? Look at **A** and write.

I Like ...

I Don't Like ...


Grammar  08

There's some
There isn't any

cheese.

There are some
There aren't any

tomatoes.

D Listen and number. Then say.  09



E Look at **D**. Then complete the sentences.

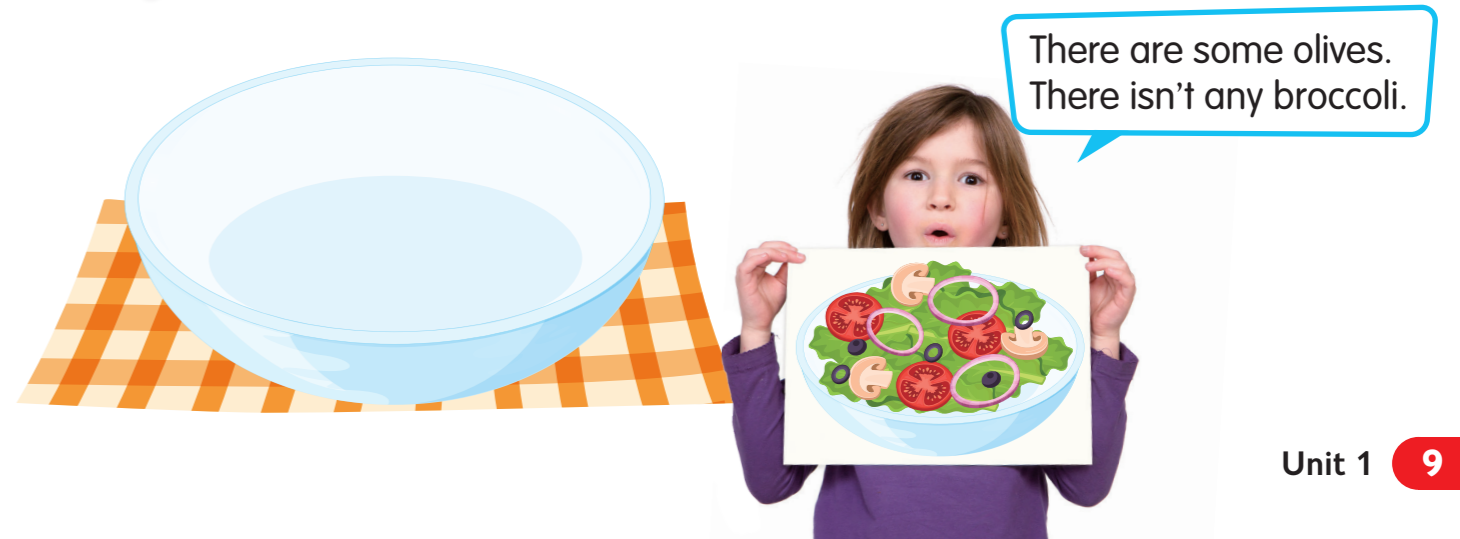
There's some There are some There isn't any There aren't any

1 _____ corn. 2 _____ mushrooms.

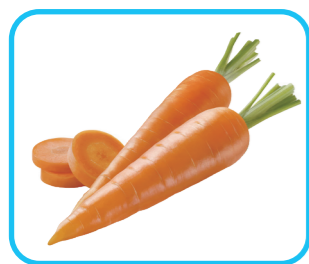
3 _____ broccoli. 4 _____ green peppers.

Your Turn! 

Stick and make your own salad. Then talk about it.



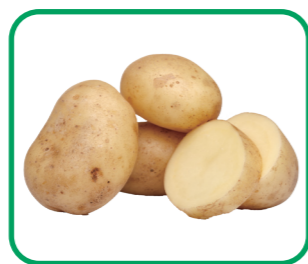
A Listen and repeat.  10



1 carrots



2 cucumbers



3 potatoes



4 butter



5 salt



6 sugar



7 mustard



8 ketchup

B Listen and point.  11

C Listen and write. Then chant along.  12

Let's Make a Salad!

Let's make a salad!

Is _____ any lettuce?

No, there isn't. No, there isn't.

There isn't any _____.

Are _____ any _____?

Yes, there are. Yes, there are.

There are some potatoes.

There are some _____, too!

It's a potato salad!

Yummy salad!

Let's make a salad!

Are there any _____?

No, there aren't. No, there aren't.

There aren't any carrots.

Is _____ any corn?

Yes, there is. Yes, there is.

There's some _____.

There's _____ broccoli, too!

It's a corn salad!

Yummy salad!



Grammar 13

Is there any **sugar**?

Yes, there is.

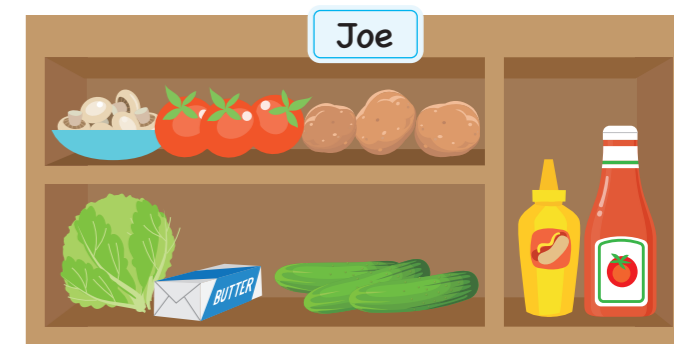
No, there isn't.

Are there any **potatoes**?

Yes, there are.

No, there aren't.

D Listen and circle the right cabinet. Then ask and answer.  14



1 Lucy's | Joe's cabinet

2 Lucy's | Joe's cabinet

3 Lucy's | Joe's cabinet

4 Lucy's | Joe's cabinet

E Look and write the answers.



1 Is there any butter? _____

2 Are there any carrots? _____

3 Is there any sugar? _____

4 Are there any cucumbers? _____



Look at **E**. Talk about it with a friend.



Is there any sugar in the bag?



Yes, there is.

A Snack in the Kitchen

A Listen and read. Then act it out.  15



B Look, read, and check True or False.



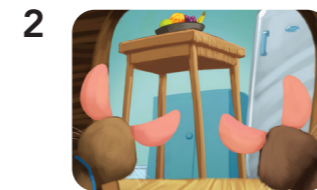
- 1 There aren't any tomatoes.
- 2 There are some mushrooms.
- 3 Is there any corn?
Yes, there is.

True	False
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>

C Look, circle, and complete the answers.



1 Is / Are there any / some onions?
_____, there _____.




2 Is / Are there any / some people?
_____, there _____.



3 Is / Are there any / some cheese?
_____, there _____.

Daily English!

D Listen and repeat. Then act it out.  16





A Listen and repeat. 17



1 grains



2 fruits



3 vegetables



4 protein



5 dairy

B Listen and read. 18

Let's Eat Well!

1 Grains

Rice and corn are grains. They give you energy. We can make bread and noodles from grains.



3 Protein

Fish, eggs, and meat are proteins. Tuna is fish. Chicken and beef are meat. They help your hair and body grow. We can make sushi from fish. We can make hamburgers from meat.



2 Fruits and Vegetables

Apples and peaches are fruits. Green peppers and lettuce are vegetables. They provide vitamins and minerals for your body. We can make juice and salads from fruits and vegetables.



4 Dairy

Milk, yogurt, and cheese are dairy foods. Dairy foods come from milk. They make your bones and teeth strong.



C Read, sort, and write.

corn yogurt chicken milk green peppers
tuna apples eggs rice peaches

Grains

Fruits & Vegetables

Protein

Dairy

D Read and check True or False.

- 1 Grains give you energy.
- 2 Green peppers and lettuce are fruits.
- 3 Fish and meat help your hair and body grow.
- 4 Chicken and yogurt are dairy foods.

	True	False
1	<input type="checkbox"/>	<input type="checkbox"/>
2	<input type="checkbox"/>	<input type="checkbox"/>
3	<input type="checkbox"/>	<input type="checkbox"/>
4	<input type="checkbox"/>	<input type="checkbox"/>

Think

Which is your favorite food group?



I like dairy. I eat cheese and yogurt every day.

READ Read and answer each question.  19

My Hawaiian Pizza

My favorite pizza is a Hawaiian pizza. On my pizza, there is some cheese and pineapple. There are some mushrooms, too. I like cheese and pineapple. There aren't any green peppers. I don't like green peppers. I like Hawaiian pizza the best.














- 1 What's the boy's favorite pizza?
- 2 What's on the boy's pizza?

PLAN Complete the chart about your favorite pizza.

My Favorite Pizza: _____

What's on your pizza? Check ✓.

- | | | | |
|--|--|--|--|
| <input checked="" type="checkbox"/> cheese  | <input type="checkbox"/> mushrooms  | <input type="checkbox"/> chicken  | <input type="checkbox"/> green peppers  |
| <input type="checkbox"/> onions  | <input type="checkbox"/> tomatoes  | <input type="checkbox"/> shrimp  | <input type="checkbox"/> potatoes  |
| <input type="checkbox"/> olives  | <input type="checkbox"/> pineapple  | <input type="checkbox"/> steak  | <input type="checkbox"/> _____ |

WRITE Write about your favorite pizza.

My favorite pizza is a(an) _____. On my pizza, there is(are) some _____.

I like _____.

There isn't(aren't) any _____.

I don't like _____. I like _____ pizza the best.

Project My Food Diary

Step 1 Record the food you eat and drink throughout the day. Then check ✓ the food group it belongs to.

	Food	Food Group
Example	egg sandwiches, milk	<input checked="" type="checkbox"/> Grains <input checked="" type="checkbox"/> Protein <input checked="" type="checkbox"/> Dairy <input type="checkbox"/> Fruits <input type="checkbox"/> Vegetables
Breakfast		<input type="checkbox"/> Grains <input type="checkbox"/> Protein <input type="checkbox"/> Dairy <input type="checkbox"/> Fruits <input type="checkbox"/> Vegetables
Lunch		<input type="checkbox"/> Grains <input type="checkbox"/> Protein <input type="checkbox"/> Dairy <input type="checkbox"/> Fruits <input type="checkbox"/> Vegetables
Dinner		<input type="checkbox"/> Grains <input type="checkbox"/> Protein <input type="checkbox"/> Dairy <input type="checkbox"/> Fruits <input type="checkbox"/> Vegetables
Snack		<input type="checkbox"/> Grains <input type="checkbox"/> Protein <input type="checkbox"/> Dairy <input type="checkbox"/> Fruits <input type="checkbox"/> Vegetables

Step 2 Look at **Step 1** and talk about it.

- 1 Which food group did you eat the most?
- 2 Which food group should you eat more of?

Value

Eat a balanced diet.

